



Sandra Henry,
PA-C, Medical Aesthetician

Sandy Henry brings over 20 years' experience as a Physician Assistant to the Aesthetic Specialty Clinic. She received her Physician Assistant degree from the University of Nebraska Medical School in 1991. She went on to complete advanced training and certification in medical aesthetics and sclerotherapy.

As a medical aesthetician her knowledge and interest in healthcare and skin management led her to starting the Aesthetic Clinic at the Health Center. Today she oversees a twice monthly aesthetic clinic, which includes vein therapy (sclerotherapy), botox and skincare for individuals of all ages.

Sandy works with Skinceuticals representatives resulting in a thorough understanding of their products. "Skincare starts in adolescents and goes through anti-aging therapy. Whether a patient needs help in controlling acne at any age- or wants to slow down the effects of aging, we offer therapy and products to help," stated Sandy.

Skinceutical Therapy Products

Skinceuticals is a first-in-class comprehensive skincare line designed from scientific research. The products were developed by Dr. S. Pinnell of Duke University and have an excellent reputation among dermatologists. Skinceutical products are effective in improving the overall-inside and outside- health of your skin. Known for their innovative approach to skin health research, SkinCeuticals have been featured in several woman's magazines and the recipient of high-profile awards.

Their vitamin C and retinol products are exceptional anti-aging products. Their chemical peels combined with microdermabrasion noticeably improve the signs of aging and acne scarring. Skinceuticals is the gold standard in skincare management and therapy.

Skinceutical products are used extensively at the Aesthetic Medical Clinic and are available for purchase at the Health Center.

SKINCEUTICALS



Gift certificates are available. Simply call 402.395.5013 and ask to speak with someone in the Aesthetics Clinic.



Thank you,

for choosing the Boone County Health Center's aesthetic medical services.

Our staff looks forward to meeting all of your skincare needs. The Aesthetic Medical Clinic offers a full range of skincare services and first-in-class Skinceuticals products combined with trained medical staff.

Our aesthetic medical services take place within the hospital specialty clinic. The exam and treatment rooms are private with their own separate lobby.

We understand confidentiality and strive to make your experience pleasant and positive.

We continually evaluate our services and products to bring you research-based, medically sound services and products. Take time for yourself and give us a call to enhance and rejuvenate your skin.



Boone County Health Center

Aesthetics Medical Clinic

402.395.5013

www.boonecohealth.org

Microdermabrasion

Microdermabrasion is a non-invasive skin procedure used to reduce skin imperfections like sun damage, deep clogged pores, fine lines, blemishes and acne scarring. The overall effect is a rejuvenated, refreshed appearance.

The procedure involves the use of a specialized tool that emits a stream of tiny, fine crystals that breaks up and removes dead skin cells, which are then vacuumed up with the same tool. Treatment is followed up by a deep hydrating cream.

Microdermabrasion may result in mild swelling or redness. Depending on your skin's texture these side effects can last up to 24 hours.



- Microdermabrasion**
(30 minute session) \$100
- Microdermabrasion Package**
(5- 30 minute sessions, spaced two weeks apart) \$400
- Additional Microdermabrasion Sessions**
(30 minute sessions) \$ 90

Anti-aging Treatments

botox cosmetic

Botox cosmetic is a prescription medicine that should be given only by a trained medical provider. Botox is injected into the facial muscles with a fine needle. Because Botox is a prescription medicine, your provider will evaluate your skin and discuss with you what to expect from the injections.

Botox is used to improve the look of moderate to severe frown lines between the eyebrows or on the forehead and the area around the side of eyes to reduce the look of crow's feet. It is typically not used around the mouth.

Botox's results, while temporary, usually last up to three months. Botox is most effective when given at intervals.



BOTOX

- Initial Consultation and Evaluation**
(30 minute session)
Consultation and evaluation fee will be applied to treatment fees \$ 75
- Initial Botox Injection**
(30 minute evaluation, 15 minutes for treatment of one area) \$250
- Additional Botox Injections** \$ 15/unit

facial chemical peels

Medical grade Skinceutical gel peels are used under the guidance of Sandy Henry, PA-C, medical aesthetician. These are light chemical peels that will intensively exfoliate, stimulate collagen, rebuild and accelerate cell renewal.

Two types of peels are available depending on your skin texture, tone and need. After a medical grade chemical peel you will see a more youthful and radiant complexion.

When applied by a medical aesthetician, these peels are a safe procedure, delivering visible results- all with no down time.

Gel peels can be used together with microdermabrasion.



- Medical Grade Chemical Peel**
(30 minute session) \$ 75
- Peel Package** (5-30 minute sessions spaced two weeks apart) \$300

acne treatment

Acne can occur at any age! To get clearer skin, decrease scarring and rid yourself of clogged pores and blackheads, we recommend a personal skin evaluation followed by deep pore cleansing, exfoliation and microdermabrasion, all of which can be obtained with chemical peel or microdermabrasion session.



Finish the noticeable difference with post-treatment Skinceutical products to ensure the best results. Skinceutical products are available at the Health Center.

Sclerotherapy-

treatment of leg veins

Sclerotherapy is a medical procedure used to eliminate small purple, blue or red veins anywhere on the leg. Varicose veins are larger, sometimes raised veins, which are usually blue in color. Varicose veins can become painful, resulting in a burning or throbbing sensation. Both of these types of veins can be treated with sclerotherapy.

During sclerotherapy, your provider will use a very fine needle to inject a solution into the veins causing the blood within the vein to disappear. Most patients describe the procedure as a mild discomfort for a few seconds at the injection site.

Prior to the procedure, your provider will examine your veins and take a medical history. It is important to know how long the problem has existed, the severity, if your veins are affected by physical activity and if you have had prior vein treatment.

Your provider will go over all aspects of treatment, results and follow up therapy with you.

- Sclerotherapy Treatment Initial Consultation & Evaluation**
(45 minute session) Consultation and evaluation fee will be applied to the treatment session fee \$ 75
- Plethysmography**
(measurement of venous pressure) \$ 50
- Compression Stockings** (knee high) \$ 72
- Compression Stockings** (thigh high) \$110
- Sclerotherapy Package**
(45 minute session) Includes consultation, evaluation, plethysmography & stockings \$225
- Sclerotherapy Treatment**
(15 minute session) Includes one syringe injection in 7-10 sites \$ 75