



What is Dementia?

Most of us will experience a small decline in memory that is often associated with normal aging. However, when aging interferes with the ability to perform daily activities, a more serious problem may exist. Most people are familiar with Alzheimer's Disease, and may refer to all dementia as such, but it is only one of the forms that dementia can take. Dementia is a progressive disorder that can eventually affect the ability to think, speak, problem solve and physically move. Early signs may include:

- Memory loss
- Difficulty performing familiar tasks
- Problems with language
- Disorientation to time and place
- Decreased or poor judgment
- Problems with abstract thinking
- Misplacing items
- Changes in mood and behavior
- Loss of ambition
- Repetitive behaviors



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Boone County Health Center

CarePartners Program

A Team Approach to Dementia Care



Have a loved one facing memory loss?
We can help you assess their
needs and care for them.

Contact Andrea for more information
402.395.3187

CarePartners program

What is CarePartners?

You already care for your loved one, we'd like to partner with you. The goal of the BCHC team is to partner with patients and family members to promote the highest level of independence with dignity and respect given. This program offers screening, evaluation and on-going resources for families coping with memory loss of a loved one. We want to build a partnership with our patients and their families to ensure they receive the best possible care.



*While your loved one may not need all the resources listed below, our **CarePartners Program offers a Multi-disciplinary approach.***

Occupational Therapy

Works to maximize a person's ability to perform daily activities and provide education to the family to help their loved one manage at home.

Speech Therapy

Focuses on improving communication and possible swallowing concerns often seen in advanced stages.

Social Work

Provides connection to resources and offers support and education to families.

Counseling/Education

Addresses behaviors such as depression and anxiety for the family and patient and creates coping strategies to assist in these areas.

Dietary

Provides information and education to promote healthy eating.

Pharmacy

Reviews medication and answers any questions.

Physician

Dr. Anthony Kusek will lead the program and communicate with your primary physician.

Spiritual

Offers conversation about identity, life-giving relationships with God, family, friends, and the community, and why God allows dementia to happen.

Ongoing Support

Periodic correspondence offering reflections, resources and local events.

