

UPPER ENDOSCOPY

ESOPHAGEAL-GASTRIC-DUODENAL (EGD): A procedure where a doctor uses a flexible tube with a camera to see the lining of your upper GI tract.

PRIOR TO THE PROCEDURE:

****A Surgery Nurse will call you prior to the procedure to evaluate the need to stop medications, answer questions, provide education, and confirm your procedure date and time. This is an important call. Please be prepared to receive it, or the procedure may be cancelled. If you are returning the call, please do so between 7am – 3pm at 402-395-3245, after hours call 402-395-2191.****

PATIENT PREPARATION

Weight –Loss Medications:

1. **STOP PHENTERMINE** for 2 weeks, prior to the procedure.
2. If you use GLP-1, you
 - a. For daily, oral use of GLP-1, **STOP taking on the day before and the day of the procedure.**
 - b. For weekly, injection use of GLP-1 **STOP taking for at least 7 days prior to procedure.**

SEVEN (7) DAYS BEFORE PROCEDURE:

1. Stop taking supplements such as **iron pills, Vitamin E, fiber supplements and herbal supplements.**
2. Arrange to have a responsible licensed adult driver to take you home following your scope. You **MUST NOT DRIVE** for 12 hours after your procedure.
3. **If you take anticoagulants (blood thinners)** such as warfarin, Coumadin, Eliquis, Xarelto, Effient, Brilinta, Ticlid, Plavix, etc., please contact your doctor for directions on when to stop the medication.
4. If you are on insulin, contact your doctor for instructions prior to the procedure.

Day-Of Procedure:

1. You may be instructed to take your blood pressure or heart medication with a sip of water the morning of the procedure.

Due to anesthesia, **DO NOT have anything to drink after midnight on the day of your procedure. DO NOT** chew gum, suck on hard candy/mints or use tobacco, including smoking, vaping or chewing, the morning of the procedure.